

Social and Emotional Wellness Trainings



See what people say
about our trainings:

"This workshop taught me how to react to crisis situations, approach situations that are difficult to talk about and be more aware of student behaviors and looking for signs."

- Middle school teacher & participant of Youth Mental Health First Aid

"The presentation was excellent! Every teacher and parent in the world could benefit from this presentation."

- School district counselor & participant of Trust-Based Relational Intervention

"The whole presentation was excellent, relevant and useful!"

- Elementary school teacher & participant of Trust-Based Relational Intervention.



Communities In Schools of San Antonio (CIS-SA) is a steadfast advocate for school-based practices that support young people's holistic health and well-being. We work in schools full time to remove barriers outside the classroom by building one-on-one relationships that empower students to stay in school and succeed in life. In addition to campus-based services, CIS-SA now offers customized professional development workshops.

CIS-SA's School Box Trainings Services provides school staff, administrators, parents and other professionals with tools to support the social and emotional needs of children. Each of these workshops are taught by skilled professionals who are experts within their field.

**SEE OUR
COURSE
CATALOG
FOR DETAILS**



Need more information? Contact:

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